

CAR KITS/GET HOME BAGS

Items that will remain in your car:

Fix a flat
Jumper Cables
Bag of Kitty Litter (use for traction)
Proper spare tire
Wheel wrench and jack
Crowbar
Glass breaker

Items that you keep in your car, along with a good backpack to carry if you need to:

First aid kit with a reliable tourniquet
Water, water filter straw and/or bottle
Pepper spray
Knife/multi-tool
Food (energy bars, mre's, etc.)
Light sticks, flashlight (one that doubles as a taser is great)
Extra batteries, extra emergency phone chargers
Portable radio
Extra clothing, socks, comfortable hiking boots, hat (with lamp is great)
Zip ties, paracord, duct tape, bungee cords
Fire starter, lighters
Emergency blanket, other blankets
Mini fire extinguisher
Odorless sunscreen and bug spray
Eye drops
Hand lotion, hand sanitizer
Folding shovel
Tarps
Large trash bags
Toilet paper
Towel
Maps, actual paper ones, and a compass
Whistle
Sunglasses
Compact mirror (to signal)
Umbrella
Hair ties, rubber bands
Safety Pins
Notebook, pens, pencils
Work gloves
Hiking sticks
One item that brings you comfort

Know how to make several different types of emergency shelters (you could also put paper copies in your car or bag). Practice making them.

Check your supplies regularly and keep things that might freeze or melt in containers that will protect them from affecting your other supplies. Adjust your supplies as needed.