

Examples of Herbs for Properties List

Absorbents-Mullein, Black Elm, Slippery Elm.

Alteratives-Black Walnut, Cayenne, Cured Elder Bark, Berries and Flowers, Plantain, Echinacea, Garlic, St. John's Wort, Red Raspberry, Yarrow.

Analgesics-Chamomile, Dill, Stinging Nettle, Lobelia, Mullein, Catnip.

Anaphrodisiacs-Celery, Hops, Oregon Grape, Garden Sage, Flaxseed, Skullcap.

Anodynes-Catnip, Fireweed, Hounds Tongue, Mullein, Stinging Nettle, Hops.

Antacids-Apple, Cloves, Fennel, Caraway, Carrots, Elder Flowers, Parsley, Peppermint.

Anthelmintics-Black Walnut, Chamomile, Cloves, Catnip, Fennel, Feverfew, Horseradish, Pumpkin Seeds, Tansy, Thyme, Plantain, Watermelon Seeds.

Antiabortives-Cramp Bark, Lobelia, Red Raspberry, False unicorn, Witch hazel.

Antiarthritics-Blackberry, Burdock, Cayenne, Dandelion, Yellow Dock, Skullcap.

Antiasthmatics-Aniseed, Beetroot Juice, Comfrey root, Cayenne, Cleavers, Horehound, Lobelia, Elder Berries, Mullein, Plantain, Thyme, Stinging Nettle.

Antibilious-Apple Bark, Blackstrap Molasses, Chicory, Cleavers, Chamomile, Cayenne, Dandelion, Plantain, Salsify, Peach, Sorrel, Turmeric, Yarrow.

Anticatarrhal-Burdock, Cayenne, Elder flowers and berries, Garlic, Milk Thistle, Ox-Eye Daisy Flowers, Watercress, White Pine, Comfrey, Wild Cherry, Wild Yam.

Antiemetics-Anise, Bilberry, Cinnamon, Coffee, Lavender, Nutmeg, Peach leaves, Peppermint, Red Clover, Sweet Basil.

Antihydropics-Asparagus, Celery, Carrot, Dandelion, Cucumber Seeds, Hawthorn, Leeks, Mullein, Parsley, Plantain, Shepherd's Purse, Rosemary, Quince, Tansy.

Antilithics-Apples, Buchu, Golden Rod, Horseradish, Hydrangea, Lily of the Valley, Stinging Nettles, Wild violet, Sarsaparilla.

Antiperiodic-Apple bark, Black Walnut, Boneset, Chamomile, Cinquefoil, Eucalyptus, Horehound, Lemon, Lilac leaves and flowers, Rosemary, Squaw Vine.

Antiphlogistics-Burdock, Chickweed, Comfrey, Garden sage, Garlic, Hops, Lemon, Marshmallow Root, Mullein, Peppermint, Self-Heal, Wild Marjoram.

Antipyretics-Camphor, Eucalyptus (Eucalyptol), Thyme (Thymol), Wild Indigo, Yarrow.

Antirheumatics-Birch, Blackberry, Cayenne, Cedar berries, Chickweed, Comfrey, Coriander, Dandelion, Elder bark (cured), flowers and berries, Fennel, Watercress.

Antiscorbutics-Blackberries, Black Currant, Cleavers, Daisy Roots, Pineapple, Sheep Sorrel, Strawberry, White Pine, Wild Apples, Cranberries, Blueberries.

Antiscrofulous-Black Walnut, Burdock, Chamomile, Cleavers, Comfrey, Echinacea, Horseradish, Lavender, Plantain, Rosemary, Yellow Dock, Valerian.

Antiseptics-Amaranth, Caraway, Cinnamon, Echinacea, Gentian, Holly, Lily of the Valley, Plantain, Saw Palmetto, Peppermint, Witch Hazel, Wormwood.

Antispasmodics-Apricot Seeds, Chamomile, Catnip, Cinnamon, Cumin, Fireweed, Garlic, Lobelia, Mullein, Oats, Parsley, Peppermint, Red Clover, Skullcap.

Antisyphilitics-Cleavers, Echinacea, Hyssop, Juniper Berry, Lily of the Valley, Mullein, Horsetail, Spruce, Uva Ursa, White Pine Bark, Thyme, Corn Silk.

Antivenomous-Agrimony, Black Cohosh, Borage, Chaparral, Coffee, Cornflower, Fennel, Echinacea, Carrots, Garlic, Gentian, Marjoram, Plantain, Slippery Elm.

Antizymotics-Blackberry, Black Walnut, Cinnamon, Elecampane, Lobelia, Mullein, Peppermint, Thyme, Cloves, Garlic, Horseradish.

Aperients or Laxatives-Stewed Apples, Apricots, Black Alder, Butcher's Broom, Carob, Cascara, Sagrada, Fennel, Heartsease, Honeysuckle, Rhubarb, Watermelon.

Aromatics-Basil, Anise, Coriander, Cinnamon, Cloves, Dill, Lemon, Sage, Myrrh, Nutmeg, Orris, Peppermint, Tansy, Turmeric, Vanilla, Wintergreen, Wormwood.

Astringents-Agrimony, Amaranth, Bilberry, Chestnut Leaves, Eyebright, Honeysuckle, Mullein, Myrrh, Salsify, Bistort, Peony, Red Raspberry, Horsetail.

Aphrodisiacs-Echinacea, Damiana, Black Cohosh, Garden Sage, Saw Palmetto berries, Summer Savory, True Unicorn, False Unicorn, Vanilla beans.

Balsamic-Avocado leaves, Clary Sage, Ox-Eye Daisy flowers, Spikenard (a kind of lavender species), Poplar buds, Larch, Balm of Gilead buds.

Bitters-Chamomile, Barberry, Boneset, Chaparral, Birch, Feverfew, Gentian, Horehound, Wild Cherry, Rue, Wormwood, Peach, Wood Sage, Gold Thread.

Blisters-Black Mustard, Blue Violet Root, White Bryony, Meadow Anemone, Mezereon (aka Spurge Laurel).

Calefacients-Cayenne, Jalapeno, Ghost Peppers, Habaneros, (any spicy pepper really), Cinnamon, Cloves, Wasabi, Ginger, Garlic.

Cardiac Depressants-Asparagus, Lobelia, Pleurisy Root, Poke Root, Blood Root, Saw Palmetto, Wintergreen, Mountain Laurel, American Hellebore.

Cardiac Stimulants-Apples, Blackberry, Blessed Thistle, Bugleweed, Cayenne, Cherry, Coffee, Comfrey, Foxglove, Mistletoe, Pipsissewa, Prickly Ash, Raisins.

Carminatives-Cabbage, Caraway, Cardamom, Cumin, Dill, Hyssop, Melissa, Mustard, Parsley, Star Anise, Sweet Basil, Summer Savory, Yellow Goldenrod.

Cathartics-Aloe, Senna, Cascara Sagrada, Daffodil, Fireweed, Garlic, Gentian, Hickory, Licorice, Mulberry, Pansy, Stillingia, Turkey Rhubarb, Wild Violet.

Caustics-Cashew juice, Celandine Juice, Lesser Celandine Leaves, Yellow Anemone and any spicy pepper or hot oil (like cinnamon or clove oil) can be caustic if used improperly or cleaned without gloves.

Cell Proliferants-Aloe, Comfrey, Hound's Tongue, Elcampane, Saw Palmetto, Rhodiola, Angelica, Astragalus, Gardenia, Milk Thistle, Plantain.

Cephalics-Almonds, Apples, Catnip, Blessed Thistle, Lemon Balm, Lily of the Valley, Onions, Parsley, Peruvian Bark, Rosemary, Sweet Marjoram, Skullcap.

Cholagogues-Aloe, Beets, Boneset, Dandelion, Fennel, Gentian, Hops, Mandrake, Parsley, Self-Heal, Stillingia, Turkey Rhubarb, Wild Yam, Wood Betony.

Condiments-(anything in your kitchen cupboard...basil, caraway, cassia, black pepper, onion, mustard seed, fenugreek, saffron, oregano, etc.)

Coloring Agents-Agrimony Leaves, Bilberry, Apple bark, Cedar Bark, Henna, Juniper Berries, Marigold Flowers, Hibiscus, Turmeric, Yellow Dock.

Cordials-Basil, Blackberries, Cardamom, Clary Sage, Cinnamon, Coriander, Dill, Hops, Juniper Berries, Kava Kava, Lemongrass, Orange Peel, Saffron, Tarragon.

Correctives-Aniseed, Bay Leaves, Bee Balm, Caraway, Fennel, Flaxseed, Cinnamon, Licorice, Ginger, Nutmeg, Peppermint, Thyme, Tormentil, Coriander.

Cosmetics-Comfrey, Cowslip Flowers, Cucumbers, Elder leaves and flowers, Lavender, Lily of the Valley, Saffron, Watercress, Witch hazel, Horseradish.

Counter-irritants-Balm of Gilead Buds, Lobelia, Pine Tar, Prickly Ash, Tamarack Gum, Turpentine, Rue, Cajeput Oil, American Hellebore.

Demulcents-Barley, Burdock, Chickweed, Coconut, Figs, Marshmallow, Mullein, Okra, Plantain, Pumpkin, Sage, Slippery Elm, Tapioca, Almonds, Rice Water.

Dental Anodynes-Bee Balm, Cajuput, Chamomile, Hops, Oils of Caraway, Cloves, Rosemary, Oregano, Peppermint and Sassafras, Prickly Ash Bark, Pennyroyal.

Deobstruents-Asparagus, Bayberry, Butcher's Broom, Golden Seal, Horsemint, Lobelia, Plantain, Poke Root, Red Clover, Salsify, Sarsaparilla, Vervain.

Deodorants-Blackberry, Activated Charcoal, Echinacea, Lovage, Thyme, Chlorophyll, Mandrake.

Depresso-Motors-Gum Wood, Lobelia, Poke Root, Skullcap.

Depurants-Apple, Blessed Thistle, Borage, Chaparral, Cleavers, Chickweed, Burdock, Coconut Milk, Dandelion, Elder Flowers, Fireweed, Plantain, Sorrel, Watercress.

Dessicants-Agar, Bladderwrack, Corn Starch, Marshmallow, Slippery Elm.

Detergents-Amaranth, Balsam Fir, Black Walnut, Golden Seal, Hyssop, Plantain, Red Clover, Shepherd's Purse, Wormwood, Yellow Dock, Poke Root, Black Willow.

Diaphoretics-Asparagus, Black Currant, Black Pepper, Burdock, Chamomile, Catnip, Cayenne, Anise, Echinacea, Elder, Horehound, Lemon Balm, Yarrow.

Digestants-Apples, Barberry, Cinnamon, Cloves, Coriander, Dandelion, Fennel, Garden Sage, Gentian, Garlic, Horseradish, Nutmeg, Onion, Orange Peel, wild Cherry.

Diluents-Flax Seed.

Discutients-Black Willow, Bladderwrack, Burdock, Coltsfoot, Columbine, Chickweed, Arnica, Marigold, Mullein, Plantain, Sorrel, Solomon's Seal, Tansy.

Disinfectants-Apples, Benzoin, Black Walnut, Cajeput, Cloves, Eucalyptus, Myrrh, Rue, Sandalwood, Turpentine, Uva Ursi, Garlic, Horseradish, Thyme.

Diuretics-Agrimony, Arnica, Artichoke, Bilberry, Black Hellebore, Blue Cohosh, Buchu, Carob, Carrot, Cedar Berries, Dandelion, Gravel Root, Hawthorn, Onion.

Drastics-Black Hellebore, Castor Oil, Hedge Hyssop, Croton Oil, Gamboge, Jalap, Red and White Bryony.

Emetics-Blessed Thistle, Buchu, Cayenne, Celandine, Chaparral, Elecampane, Fireweed, Foxglove, Gentian, Hyacinth Bulb, Larch, Milkweed Root, Orris, Mistletoe.

Emmenagogues-Aloe, Black Haw, Cornflower, Cramp Bark, Goldenrod, Feverfew, Dandelion, Fennel, Red Raspberry, Red Cedar Berries, Shepherd's Purse, Watercress.

Emollients-Almond and Apricot Oil, Blue Violet, Borage, Dates, English Elm, Fig, Fenugreek, Chickweed, Leeks, Marshmallow, Mullein, Oats, Plantain, Rose Petals.

Errhines-Blood Root, Bayberry, Cayenne, Ginger, Horseradish, Lavender Oil, American Hellebore, Pellitory, Canada Snake Root.

Exanthematous-Beech, Burdock, Chamomile, Cleavers, Eucalyptus, Ground Ivy, Golden Seal, Lady's Slipper, Licorice, Pipsissewa, Marigold, Mullein, Strawberry.

Excito-Motors-Nux Vomica.

Expectorants-Cherry, Chestnut Leaves, Elder Flowers, Ginseng, Hawthorn, Honeysuckle, Irish Moss, Licorice, Lobelia, Pleurisy Root, Pansy, Red Poppy.

Febrifuges-Barley, Black Pepper, Catnip, Cinquefoil, Fireweed, Lobelia, Lilac leaves and fruit, Magnolia, Plantain, Stinging Nettles, Valerian, Wild Ginger, Willow.

Galactagogues-Anise Seed, Blessed Thistle, Buckwheat, Fennel, Carrots, Red Raspberry, Vervain, Goat's Rue, Centaurea.

Galactophyga-Bilberry, Cassia Bark, Cranesbill, Garden Sage, Parsley.

Hemetics-Agrimony, Apple, Blackberries, Black Walnut leaves, Comfrey, Dandelion, Fenugreek, Gentian, Lily of the Valley, Red Raspberry, Watercress, Yellow Dock.

Hemostatics-Amaranth, American Liverwort, Bayberry, Bistort, Blackberry, Black Cohosh, Black Pepper, Black Walnut, Cayenne, Dandelion, Mullein, Shepherd's Purse.

Hepatics-Angelica, Bee Balm, Blue Flag, Carrot, Celery, Chicory, Dandelion, Lemon, Oregon Grape, Milk Thistle, Plantain, Wild Yam, Yarrow, Yellow Dock.

Herpatics-Agrimony, Beech, Black Walnut, Borage, Buckthorn Bark, Burdock, Chickweed, Poison Ivy Tincture, Mullein, Myrrh, Saffron, Wintergreen, Lobelia.

Hypnotics-Bugleweed, Hops, Mistletoe, Passion Flower, Valerian, Wild Lettuce, Bittersweet, Indian Hemp.

Insecticides-Anise and Sassafras Oils, Black Cohosh, Black Walnut, Field Larkspur, European Centaury, Pine Tar, Rue, Tobacco, Tansy, White Hellebore.

Irritants-Black Mustard, Cascara Sagrada (fresh), Cubeb Oil, Elder Bark (fresh), Henbane, Kava Kava resin, Orris Root (fresh), Poison Ivy, Poison Oak, Turpentine.

Lithotriptics-Apple Bark, Bilberry, Blackberries, Black Currant, Buchu, Carrot, Cherry Bark, Cleavers, Dandelion, Hydrangea, Onion, Milk Thistle, Horsetail.

Local Anesthetics-Caraway Oil, Coca, Eucalyptus, Honey Locust, Kava Kava, Soap Tree, Thyme Oil, Mullein oil, Poppy.

Maturating-Birch Bark, Black Alder, Chickweed, Comfrey, Pine Tar & Gum, Queen Anne's Lace, Plantain, Sarsaparilla, Linden, White Lily (fresh bulb), Fenugreek.

Mucilages-Agar, Borage, Chickweed, Common Musk Melon, Comfrey, Heartsease, Hound's Tongue, Irish Moss, Okra, Sesame, Solomon's Seal, Marshmallow, Slippery Elm.

Mydriatics-Belladonna, Coca, Grindella, Gelsemium, Scopolin, Stramonium (aka Jimsonweed).

Myotics-Areca Nut, Jaborandi.

Narcotics-Black Cohosh, Black Hellebore, Camphor Gum, Grindella, Horse Chestnut, Hound's Tongue, Mayweed, Mistletoe, Mullein, Passion Flower, Potato Plant Tops.

Nauseants-Copaiba, Orris, Lobelia, Ragwort, Quassia, Tomato Tops, Wintergreen, Vervain, Chirata.

Nephritics-Almonds, Aloe, Birch, Bladderwrack, Carrot, Chicory, Comfrey, Dandelion, Hawthorn, Irish Moss, Linden, Horsetail, Stinging Nettle, Queen Anne's Lace.

Nervines-Apples, Burdock, Chamomile, Celery, Dill, Damiana, Fennel, Garden Sage, Garlic, Hops, Lavender Oil, Lemon Balm, Mullein, Lobelia, Oregon Grape.

Nutritives-Almonds, Apricots, Barley, Beets, Burdock, Carrots, Dandelion, Horseradish, Lamb's Quarters, Marshmallow, Purslane, Watercress, Salsify.

Ophthalmics-Angelica, Borage, Cayenne, Cornflower, Dandelion, Elder, Eyebright, Grapevine Leaves, Lily of the Valley, Hyssop, Mullein, Plantain, Wild Rose.

Parasiticides-Blackberry, Black Cohosh, Cajeput, Cassia and Cinnamon Oils, Cloves, Gentian, Larkspur seed, Mullein, Quassia, Red Cedar Oil, Rue, Thyme, Tansy.

Parturients-American Angelica, Birthwort, Black and Blue Cohosh, Cramp Bark, Honeysuckle, Horehound, Lobelia, Cedar Berries, Red Raspberry, Shepherd's Purse.

Pectorals-Alfalfa, Almond, Bitter Orange, Boneset, Borage, Cherry, Comfrey, Eucalyptus, Horehound, Mullein, Peppermint, Spruce, White Pine, Yarrow.

Peristaltics-Aloe, Camphor, Cascara Sagrada, Cloves, Horseradish, Nux Vomica, Olive Oil, Peruvian Bark, Prickly Ash, Turkey Rhubarb, Turpentine, Quaker Button.

Protectives-Acadia, Benzoin, Castor Oil, Corn Starch, Flaxseed, Marshmallow, Myrrh, Olive Oil.

Pungents-Black Pepper, Cardamom, Cayenne, Coriander, Horseradish, Ginger, Mustard, Prickly Ash, Rue, Self-Heal, Yarrow, Trillium, Watermint.

Refrigerants-Bee Balm, Bilberry, Black Currant, Cherries, Chickweed, Cranberries, Licorice, Lemon, Orange, Prune, Plantain, Salsify, Watermelon.

Resolvents-Balm of Gilead Bark, Barberry, Camphor, Chickweed, Daffodil roots, Elder leaves and berries, Horehound, Milk Thistle, Poke Root, St. John's Wort.

Rubefacients-Black Mustard, Black Pepper, Cajeput Oil, Cayenne, Cloves, Garlic, Horseradish, Ginger, Pellitory, Peppermint, Pine Gum, Rosemary, Stinging Nettle.

Sedatives-Aniseed, Bitter Almonds, Black Cohosh, Bugleweed, Chamomile, Garden Sage, Hops, Motherwort, Passion Flower, Peppermint, Peach, Wild Lettuce.

Sialagogues-Bayberry, Blue Flag, Cayenne, Echinacea, Elder Bark, False Unicorn (fresh), Gentian, Horseradish, Licorice, Hydrangea, Mandrake, Turkey Rhubarb.

Soporifics-Black Cohosh, Catnip, Elder Flowers, Hops, Indian Hemp, Lady's Slipper, Motherwort, Mullein, Passion Flower, Peppermint, Primrose, Skullcap, Valerian.

Sternutatories-American Hellebore, Bayberry, Cayenne, Ginger, Lily of the Valley, Marigold juice, Pellitory, Black Pepper, Yarrow, Wood Betony, Soapwort.

Stimulants-Aniseed, Bee Balm, Black Pepper, Caraway, Celandine, Celery, Dandelion, Dill, Hyssop, Juniper Berries, Lovage, Turmeric, Queen Anne's Lace.

Stomachics-Allspice, Bay Leaves, Cardamom, Caraway, Cinnamon, Fennel, Coriander, Hops, Horehound, Linden, Nutmeg, Wormwood, White Cedar Leaves.

Styptics-Bistort, Blackberry Black Walnut, Cinquefoil, Comfrey, Fleabane, Grapevine Leaves, Lady's Mantle, Plantain, Self-Heal, Stinging Nettle, Tormentil.

Sudorifics-Black Walnut, Boneset, Columbine, Elder Flowers, Great Burnet, Hyssop, Jacob's Ladder, Pennyroyal, Pleurisy Root, Safflower, Saffron, Vervain.

Taeniafuges/cides-Boneset, Castor Oil, Areca Nut, Cucumber Seeds, False unicorn, Male Fern, Pomegranate, Primrose, Pumpkin Seeds, Self-Heal, Watermelon Seeds.

Tonics-Centauray, Liverwort, Almond, Anise, Carrot, Cornflower, Dandelion, Feverfew, Ginseng, Marigold, Parsley, Skullcap, Sweet Marjoram, Vanilla, Yarrow.

Vulneraries-Aloe, Apricot Seed, Bilberry, Black Walnut, Burdock, Chickweed, Cleavers, Comfrey, Elder, Horsetail, Marshmallow, Plantain, Yarrow, Rose, Thyme.